



Cavo D'oro Spa

**The sea has always been a source of
vital energy for humans, to revitalise body and mind
for luminous beauty.**





We welcome you to Ether Spa

Enjoy your journey together with our partner
Thalgo La Beaute Marine,
a leading brand in professional marine cosmetics.

Join us and get ready to be pampered by the hands of our
expert team revitalising body and mind, you glow
with a new beauty:
luminous, dynamic, bright.



MASSAGES

Hot Stones Therapy

Onyx & Obsidian

45 min - €75 | 60 min - €120

This treatment offers deep relaxation, which invites sleep with a careful expert handling of cold onyx and hot obsidian stones, to provide an incredible massage.

The Obsidian stones are warmed and the Onyx stones are used ice cold. Negative energies are eliminated and leave you with an extraordinary feeling of deep and utter calm.



MASSAGES

Mum-To-Be Massage

Pampering Therapy

for heavy legs feeling, scalp, hands and shoulders

45 min - €85

You are no doubt living one of the most wonderful moments of your life in which you cannot forget your body care. A therapy especially made for maximum comfort and rest for legs and feet, providing them with all the hydration and nourishment they need. Improves blood circulation and relaxes the muscles on the treated areas.

To complete your totally stress-reducing experience, we will perform a relaxing head Massage while on the same time revitalize the hair and sooth the scalp.



MASSAGES

Relaxing Massage

55 min - €80 | 90 min - €120

Massage treatment with gentle pressure, ideal to calm body & mind. Relaxing movements aiming to achieve an optimal state of relaxation!

Swedish Massage

55 min - €90 | 90 min - €135

Revitalize and relax with a vigorous massage that is recommended for muscle fatigue. Helps to increase the blood circulation and unwind muscle tension. A choice of essential oils help to support personal needs.

Deep Tissue Massage

30 min - €60 | 55 min - €100

A Strong, deep and intensive massage, focused on the problematic areas in muscles, joints and tissues. Perfect for athletes, improving circulation and mobility, relieves muscle tension & pain leaving a revival & uplifting effect.

Aromatherapy Massage

55 min - €90 | 90 min - €135

Find peace within the right choice of essential oils according to yours needs! Detoxifying & stimulating treatment, relaxes the body, mind & soul. Soft or medium pressure!

SPA MESSAGES - 60min



ANTI-TENSION MASSAGE WITH MASSAGE BALLS **€100**

Merveille Arctique

Inspired by Deep Tissue massage and Swedish massage to release tension with anti-tension massage balls.

RELAXING MASSAGE WITH WARM SAND POUCHES **€100**

Îles Pacifique

Massage inspired by the traditional Hawaiian Lomi-Lomi or a moment of relaxation and escape.

SPA RITUALS - 90min



Anti-Tension Ritual **€135**

Merveille Arctique

An invigorating spa experience inspired by ancestral Nordic rituals, where soothing warmth and invigorating freshness alternate to relax the body and release tension. The treatment begins with a fresh aroma of Salt Flake scrub.

RELAXING RITUAL **€135**

Îles Pacifique

Relaxing ritual with warm sand pouches inspired by the rocking movement of the waves for deep relaxation. The treatment begins with an oil scrub with Bora Bora sand, vanilla and coconut notes.

MASSAGES

Back Massage

30 min - €50

An anti-fatigue back massage that helps relieve stress and tension, leaving the mind and body relaxed and refreshed. This massage helps manage minor back pain and reduce muscle tension.

Face Massage

30 min - €50

This massage is done by our expert therapists using a special cream, to work on the facial muscles and skin firmness in order to provide an antiaging and lifting result by stimulating the cell regeneration.

Foot & Leg Massage

30 min - €50

A special massage to increase blood circulation, remove the tension or swelling from the foot and legs. Ideal treatment if you have the feeling of heavy legs after a flight.

Head, Neck & Shoulders Massage

30 min - €50

This unique massage treatment works on the scalp, neck and shoulders focusing to relieve tension in your muscles, improve circulation and reduce stress. On the scalp we will use a seductive dry oil.

BODY Slimming & Detoxifying

Anti-Cellulite Massage

30 min - €60

A 100% manual treatment adapted to each body shape to firm and reduce the appearance of orange-peel skin.

Lymphodrainage

30 min - €55 | 55 min - €95 | 75 min - €120

Lymphatic drainage massage involves gently manipulating specific areas of your body to help lymph system. Specialized massage that focuses on the lymphatic system, which is part of the immune system. This type of massage aims to help the body maintain proper blood circulation, body fluid balance, and immune functions.

Frigi - Thalgo light legs treatment

45 min - €60

Frigi-Thalgo Light Legs Treatment Marine wrap inspired by cryotherapy and infused with a Thalgo-patented seaweed extract, menthol and active ingredients to improve blood flow and cellulite, regulate fluid balance, and recover lighter legs!

Marine peeling and Frigi Thalgo Light Legs Treatment

A true slimming ritual

75 min - €90

Begin with an exfoliating granita peeling with micronised marine algae extract and marine notes that exfoliates and revitalises the skin. The treatment continues with a body wrap treatment derived from cryotherapy that rapidly recovers lighter legs.

MARINE & SPA SCRUBS - 30min

SALT FLAKE SCRUB €50

Merveille Arctique

Fresh scrub with three exfoliating salts and white flower notes.

ISLAND BODY SCRUB €50

Îles Pacifique

Oil scrub with Bora Bora sand and vanilla and coconut notes.

MARINE BODY SCRUB €50

An exfoliating granita with micronised marine algae extract and marine notes that exfoliates and revitalises the skin.



BODY Wellbeing

Cold Cream Marine Body Wraps & Ritual

NOURISHING COLD CREAM MARINE BODY WRAP **€60** 45 min

Luscious balm enriched with fruit butters and marine algae oil.

COLD CREAM MARINE BODY RITUAL **€75** 60 min

Relaxing body beauty treatment enriched with cold cream marine: comforted and replenished with lipids, skin recovers comfort and softness thanks to its highly nourishing body wrap and massage.

COLD CREAM MARINE FACE & BODY RITUAL **€140** 90 min

A comforting break for dry skin: A lipid mask rich in marine oils specific to the cold cream recipe will envelope and treat face and body needs. Your skin will recover comfort and softness. Just relax in the hands of our expert therapists.





FACIALS

SKIN SOLUTIONS

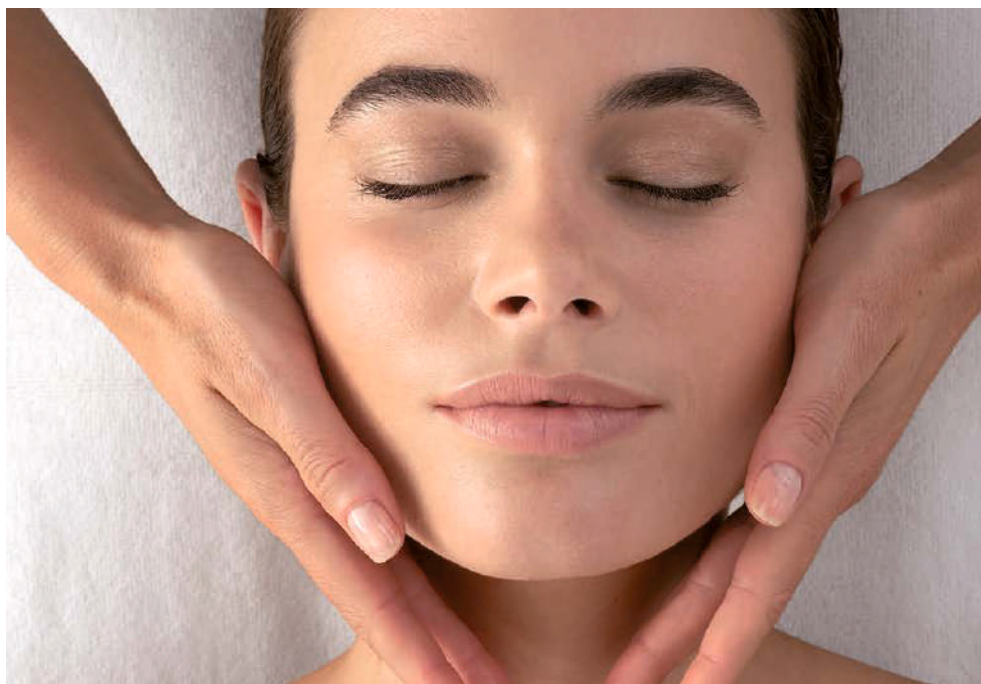
60 min

SOURCE MARINE HYDRA-STRENGTHENING TREATMENT **€100**

Give your skin a bath of hydration rich in remineralising marine active ingredients. In this professional treatment, sève bleue des océans extract is combined with THALGO Micronised Marine Algae extract, to instantly hydrate and strengthen even the thirstiest skin.

COLD CREAM MARINE REPLENISHING TREATMENT **€100**

A comforting break for dry skins: an oil-serum and lipidic "bandage" mask rich in omegas 3, 6, and 9 and brand new marine pro-ceramide to replenish and visibly smooth the skin from the very first treatment.



ANTI - AGEING TREATMENTS



SPIRULINE BOOST DETOXIFYING & SMOOTHING TREATMENT ■ 60 min **€120**

The energising marine boost for tired skin! A detoxifying treatment to energise the features, smooth wrinkles and revive the complexion's radiance.

HYALU-PROCOLLAGÈNE WRINKLE CORRECTING TREATMENT ■ 60 min **€120**

Wrinkle to wrinkle treatment combining hyaluronic acids & marine pro-collagen with Roller Boosters. Instantly, the face looks younger, as if relaxed and even established wrinkles appear smoothed.



FIRMING SILICIUM LIFT TREATMENT ■ 60 min **€120**

This anti-ageing treatment is inspired by face fitness and combines an exclusive massage technique with a professional cryo-firming double mask to firm the skin, fill in wrinkles and freshen the complexion in just 60 minutes.



HANDS & FEET

Spa Pedicure.....	60 min – € 65
Soft Gel Spa manicure.....	70 min – € 75
Spa Manicure.....	50 min – € 65
Soft Gel Spa pedicure.....	70 min – € 80
Men's Manicure.....	30 min – € 45
Men's Pedicure.....	50 min – € 65
Soft Gel Removal.....	25 min – € 35
File & Polish.....	15 min – € 30



Timing

We kindly ask that you arrive at least 15 minutes before your treatment time is due, to fill out a consultation / health questionnaire and familiarize yourself with the spa environment.

Booking your appointment

It's recommended to make your reservation in advance. Reservations must be secured with a credit card, telephone number and the hotel room number.

Cancelation / Late arrival

Please give a minimum of six (6) hours notice if you have to cancel your appointment. All no-show appointments will be charged at 50% of the treatment price. Arriving late will probably lessen the time of your treatment, so that the next customer not be delayed.

Prepare yourself

It's always good to have a shower prior to your treatment for sanitary reasons and for your skin to be ready to accept the benefits of the treatment and of the products used. Bringing with you a swimming suit might be useful in some of the spa areas or treatments.

Personal belongings

Bring with you only the most necessary accessories and personal belongings. You will be given a safe locker for your needs, but we advise you not to bring with you valuable belongings for your own safety. Cell phone usage is not welcome in the spa area, so that the serenity of the place and other customers not to be disturbed.

"Kindly be reminded to treat the spa staff, the other guests and the hotel premises with respect and in a manner that does not demean or humiliate anyone in anyway."

*****Prices are subject to change without notification.**

Let the sea
empower
your beauty

